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Aikido Mountain West

Aikido Seminar

April 3-5, 2020

Instruction provided by:

Calvin Koshiyama
Sensei - 6th dan

Forrest Kan
Sensei - 5th dan



Schedule

Friday - 3rd:
6:00-8:00 (PM)

Saturday - 4th:
10:00-12:00 &
2:30-4:30

Sunday - 5th
10:00-12:00

Location

Aikido Mountain West
370 W Ironwood Dr,
South Salt Lake City, UT
84115

Cost

Entire seminar: \$90
\$30 per session

Information

info@aikidomountainwest.org
www.aikidomountainwest.org
(801) 707-9955

Aikido Mountain West is excited to host a seminar with Calvin Koshiyama Sensei and Forrest Kan Sensei, April 3-5, 2020. Calvin Koshiyama is the head instructor and Dojo Cho of Aikido North, in Anchorage, Alaska, and Forrest Kan is Dojo Cho of Mateel Aikido, in Redway, California. Koshiyama Sensei and Kan Sensei emphasize Aikido's harmony and non-competition in their training and believe Aikido training to be a very useful tool for self-development and improving interaction with people on and off the mat.

**Please join us for fine instruction and fun.
We look forward to seeing you there!**

Training is open to students of any martial art or rank and from any organization or dojo.